

Trinity News

February 2026



“Lent (the 40 days before Easter) starts on February 18th. It is a journey of pausing, breathing, and making space for God.

It’s bigger than giving up chocolate. It's letting go of whatever weighs you down and being open to what lifts you up. The benefits last longer than 40 days. It’s a way of life – and we do it together.

This space is here to help you pause, breathe, and rediscover what matters most – through simple spiritual practices, fresh hope, and a gentle invitation to joy. Whether you’re curious about faith, exploring spirituality, or just looking for a moment of calm, you’re in the right place.

Life is fuller when we switch our negative mind-set for a good news mind-set. It can actually change everything when we start believing the good stuff. Lent helps us let go of what weighs us down and open up to what brings life. And you don’t have to do it alone.”

Sign up for weekly emails from the Methodist Church exploring Lent: <https://www.methodist.org.uk/faith/lent-2026/>

Trinity News

Trinity News is produced monthly on the last Sunday of the month. The deadline for contributions is noon on the preceding Wednesday.

Services at Trinity during February

Sunday 1 February	9:15am	Early Church led by Richard Bates
	10:30am	Morning Worship led by Chris Lowe
	6:00pm	Evening Worship by zoom led by Rev Joanne Sherwood*
Tuesday 3 February	10:00am	Midweek service led by Lynda Hart
Sunday 8 February	9:15am	Early Church led by Jo Baker
	10:30am	Morning Worship with Holy Communion led by Rev Patrick Kandeh
	6:00pm	Evening Worship by zoom led by Peter Baker*
Tuesday 10 February	10:00am	Midweek service led by Chris Lowe
Sunday 15 February	10:30am	Local Arrangement led by Anne Gray
	4:00pm	Messy Church led by Catherine Roots
	6:00pm	Evening Worship by zoom led by Tina Salmon*
Tuesday 17 February	10:00am	Midweek service led by Colin Quine
Wednesday 18 February	7:30pm	<i>Circuit Ash Wednesday Service will be held at The Square, Dunstable</i>
Sunday 22 February	9:15am	Early Church led by Jo Baker
	10:30am	Morning Worship led by Roger Owers
	6:00pm	Evening Worship by zoom led by Catherine Roots*
Tuesday 24 February	10:00am	Midweek service led by Catherine Roots



*For zoom link contact the office ttprojectoffice@gmail.com

Other activities at Trinity

Monday 2 February		<i>No Badminton</i>
Thursday 5 February	9:30am - 11:00am	Trinity Toddlers
	2:15pm - 4:00pm	Knit and Natter
Monday 9 February	8:00pm - 10:00pm	Badminton at Trinity
Wednesday 11 February	2:00pm - 3:00pm	Afternoon bible study by zoom
	8:00pm - 9:00pm	Evening bible study by zoom
Thursday 12 February	9:30am - 11:00am	Trinity Toddlers
	2:00pm - 4:30pm	Games Fellowship
Monday 16 February	8:00pm - 10:00pm	Badminton at Trinity
Thursday 19 February	2:15pm - 4:00pm	Knit and Natter
Monday 23 February	8:00pm - 10:00pm	Badminton at Trinity
Wednesday 25 February	2:00pm - 3:00pm	Afternoon bible study by zoom
	8:00pm - 9:00pm	Evening bible study by zoom
Thursday 26 February	9:30am - 11:00am	Trinity Toddlers
	2:00pm - 4:30pm	Games Fellowship

Everyone is welcome to our services and activities—see the website <https://www.trinitylb.org.uk/> or contact the Church Office for more details and zoom links.

Tel: 01525 371905 ; tttprojectoffice@gmail.com

Trinity News

Rev Seung-wook Jung sabbatical

Seung-wook is on sabbatical until 28 February 2026. If you would like to speak to a minister, please contact Rev Patrick Kandeh patrickkandeh@yahoo.co.uk; 01582 732524.

Charity of the Month: Action for Children

<https://www.actionforchildren.org.uk/>

National Children's Home (NCH) was started by Methodist Minister Rev Dr Thomas Bowman in 1869 when he saw children sleeping under the arches of Waterloo Station. Now known as Action for Children, the organisation supports 551,400 children, young people and their families in the UK every year.



There will be a retiring collection for Action for Children on 15th February.

Don't forget to get any Action for Children collection boxes to Chris Bosworth for emptying before 15 February.

Charity of the Year 2026/7

Our successful year of support for the local branch of Marie Curie comes to an end on 31 March and we are now looking for a new local charity to support for 2026/7. If you are involved with a local charity and would like it to be considered for our support in the coming year would you please give details to Charles Horsefield or Sheila Pollard before 22 February.

Do you have a contribution for Trinity News? Send it to trinityweeklynews@gmail.com or pass to Anne Gray.

Easter Cross

We would like to continue the tradition of putting knitted/crochet flowers on our cross in North Street again this year. If you are able to help by making some flowers please let Catherine or Marina know so we can ensure we will have enough to fill the cross.

Please contact Catherine if you require any patterns.

Many thanks,

Catherine



TimeWarp revival Saturday 28 March at 7.00pm

A recent article in [JPIT News](#), written by a Methodist minister, is entitled "The World Trembles". Many may feel that this is no exaggeration given the mayhem that is going on in every direction and I wonder whether all the reports we see on the BBC of local social activities could be a reaction to this. In times of trouble people seem more inclined to get together and let their hair down. Certainly, when we had a Church Council workshop last year to talk about growing Trinity, one of the things suggested was "*more social activities - such as concerts*". So we are holding a concert! Posters and handbills will appear shortly, and people are practising feverishly (I hope).

The ageing rock band that practices at Trinity, TimeWarp, are playing along with an ex-member, Chris Mesley, who is coming all the way from Malvern to play some of his own jazz compositions, along with the multi-talented Jung Family. Last time TimeWarp played in the Hall quite a few of us got up and danced - question is, can we still do it?

The event is on Saturday 28 March at 7.00pm. Entry is free and refreshments will be provided but we hope to collect lots of donations for Marie Curie. If anyone is prepared to help with refreshments or "front of house" please contact Sue Horsefield or Wendy Williams.

Charles

Connexional/Circuit/District News

South Bedfordshire Craftivists artwork achieves international fame

We are delighted to tell you that the recent artworks, "Doves for Peace", created by the Craftivists were chosen for inclusion in an international art magazine on the theme of War and Peace.

"Among the numerous exceptional entries we received, your work truly stood out, captivating our curatorial and editorial team with its remarkable artistic vision."

Read all about it on The Methodist Church website.

<https://www.methodist.org.uk/about/our-stories/craftivists-create-antiwar-messages/>

Further details about the group, including links to the magazine are available on the Circuit website - do have a look if you are interested:

<https://www.southbedsmethodist.org.uk/southbedfordshirecraftivists.htm>

Cards are available in the Anteroom and you are encouraged to use them as prayer cards or to lobby our MP in the name of peace.

Supporting Hidden Differences - *Building Church Culture for 'Belonging'*

Wednesday 4 March 2026, 7.30pm to 9.30pm

A Church for Everyone webinar hosted by St James & Emmanuel, Didsbury, Manchester, UK.

For more information see the church noticeboard or contact Anne Gray.

Hands of Help CIC are a newly established Community Interest Company in Bedfordshire dedicated to community empowerment. They are currently in the planning phase of a new project, "**Recipes of Our Roots**," looking at traditional recipes and culinary heritage in Bedfordshire.

For more information or to be involved contact

admin@handsofhelpcic.co.uk

Worry-Conquering Scriptures

“Give all your worries and cares to God, for He cares about you”

1 Peter ch5 v7

Is your mind besieged with fear and worry? Read these scriptures carefully and use them in prayer:

“Don’t worry about anything: instead, pray about everything. Tell God what you need and thank Him for all He has done. Then you will experience God’s peace, which exceed anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus” Philippians 4:6-7

“The Lord gives His people strength. The Lord blesses them with peace.” Psalm 29:11

“Give all your worries to the Lord, and He will take care of you. He will never let good people down.” Psalm 55:22.

“You will keep in perfect peace all who trust in you, all whose thoughts are fixed on You!” Isaiah 26:3.

“I am leaving you with a gift – peace of mind and heart. And the peace I give is a gift the world cannot give. So don’t be troubled or afraid.” John 14:27.

“Blessed are those who trust in the Lord and have made the Lord their hope and confidence. They are like trees planted along a riverbank, with roots that reach deep into the water. Such trees are not bothered by heat or worried by long months of drought. Their leaves stay green, and they never stop producing fruit.” Jeremiah 17:7-8.

“Yes, you will lie down and your sleep will be sweet.” Proverbs 3:24.

From UCB “Word for Today”

Prayer Diary

Please pray for....

- Those who are leading at Trinity and around the Circuit - Rev Joanne Sherwood, Richard Bates, Chris Lowe, Lynda Hart, Jo Baker, Rev Patrick Kandeh, Peter Baker, Anne Gray, Catherine Roots, Tina Salmon, Colin Quine, Roger Owers
- Rev Margaret Newman
- Rev Seung-wook during his sabbatical
- All who organise, lead and attend our evening zoom service
- The work of Action for Children
- All those in our congregation who are ill, in hospital or awaiting medical treatment and those who care for them
- All who mourn
- All those who live on Planets Estate, Vandyke Road, George Street, Regent Street, Atterbury Avenue, Miles Avenue, Brook Street, Brookside Walk, Kiteleys Green, Middle Green
- Staff and pupils at Doverly Academy or Southcott Lower School
- All those in our Church Directory whose name begins with C or D

March Trinity News will be published on 22 February 2026. The deadline is 12noon Wednesday 18 February. Send contributions to: trinityweeklynews@gmail.com or the Anteroom letter rack attention Anne Gray.

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<https://www.facebook.com/trinitymethodistleighton>

Registered Charity no.: 1151861

Bank details

Name of Account: Trinity Leighton

Sort Code: 08-92-99 Account No: 67239649

